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7 Paths to God: The Ways of the Mystic

By Joan Z. Borysenko

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, 7 Paths to God: The Ways of the Mystic, Joan Z. Borysenko, In this book, Joan Borysenko tells you how a mystical moment can strike at any time when you are fully present in the moment: when looking at a beautiful full moon, a sunset, walking in nature, or looking into the eyes of a child. When you are fully present in the moment, you will be filled with a sense of awe, and beauty, and feel fully connected with the universe. An excerpt from the book: "Just as many rivers lead to the sea, there are many paths to God. Each of the seven primary energy centers of the human body, the chakras, corresponds to a specific path." In this book, those paths are outlined, complete with spiritual exercises, giving the reader a sense of the most fruitful direction for their journey. You will learn that you don't have to go to Nepal or go climb a mountain to have a mystical moment, but in learning how to be fully present in your everyday life, you will find that mystical moments can be found in the mundane, the ordinary, or...



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