



## Broken Body, Wounded Spirit: Balancing the See Saw of Chronic Pain: Fall Devotions

By Jeff Miller PhD

Impress Media. Paperback. Book Condition: New. Paperback. 202 pages. Dimensions: 8.9in. x 6.0in. x 0.5in. Being forced to look at life through a peep hole is petrifying, and that is exactly what chronic pain and illness does. It isolates, dominates and threatens the things all human beings hold dear. Chronic pain and illness is a bully with a ravenous appetite for creating mayhem in ones life. Anguishing physical and emotional pain is often overlooked. After all, the person doesnt look sick. From the outside pain isnt visible, but from the inside, it is an unwanted intruder to the person experienced it. It is a thief of goals and dreams, finances and socialization. Finding balance and avoiding isolation when struggling with chronic pain is difficult. But, this book bursts from its bindings a metaphor for the reader to break free from the shackles it imposes. The authors expose their readers to infinite possibilities for viewing life through a door wide open to a landscape of honor and hope. Using their expertise as RN, educator, and clinical psychologist, the authors guide their readers through the physical and mental chaos. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN....



**READ ONLINE**  
[ 4.7 MB ]

### Reviews

*Very beneficial for all class of folks. Indeed, it can be perform, nevertheless an interesting and amazing literature. I discovered this ebook from my i and dad suggested this pdf to find out.*

*-- Leatha Luettgen Sr.*

*These sorts of ebook is the perfect publication accessible. I really could comprehended every little thing out of this created e ebook. I am very happy to inform you that this is basically the very best ebook i actually have study within my personal life and might be he finest pdf for ever.*

*-- Favian O'Kon*