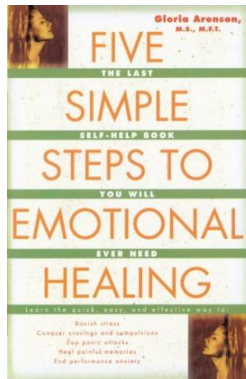


## Five Simple Steps to Emotional Healing: The Last Self-help Book You Will Ever Need



### Book Review

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**(Maud Mitchell)**

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