



Coping with Infertility, Miscarriage, and Neonatal Loss: Finding Perspective and Creating Meaning

By Amy Wenzel

American Psychological Association. Paperback. Book Condition: new. BRAND NEW, Coping with Infertility, Miscarriage, and Neonatal Loss: Finding Perspective and Creating Meaning, Amy Wenzel, Pregnancy loss can be devastating, regardless of whether it is early or late in pregnancy or in the short period after a baby is born. In many instances, similar emotions are experienced when a couple learns that their fertility treatments were unsuccessful. This wise, compassionate book teaches proven cognitive-behavioral strategies for coping with infertility and pregnancy loss. You will learn about common grief experiences that occur with such losses, as well as ways to find perspective and meaning, identify and change unhelpful thoughts, gain acceptance, reconnect with others, and reengage in life. By applying these strategies, you can break out of the cycle of sadness and rumination and heal with grace and dignity. As a clinical psychologist, Dr. Amy Wenzel has helped countless women who have experienced infertility, pregnancy loss, and other reproductive traumas. Her extensive knowledge and compassion -- augmented by her personal experience coping with neonatal loss and infertility -- will help you effectively manage the grief associated with reproductive loss.



READ ONLINE
[1.38 MB]

Reviews

Very good eBook and valuable one. This is for anyone who statted that there was not a worth reading. You will not truly feel monotony at at any time of your own time (that's what catalogs are for concerning if you question me).

-- Ms. Ona Muller

A top quality ebook and the font used was fascinating to read through. It is written in easy terms and not confusing. Its been written in an remarkably easy way in fact it is simply after i finished reading through this publication through which actually altered me, alter the way i believe.

-- Roberto Block